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Program for those who love our planet

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The Covid-19 pandemic has shown us the Importance of sustainability and food security, to help us build resilience as individuals and as a community. It has also shown us how reliable we are on Nature for our mental health and to boost our immune system.

We offer a unique and empowering learning experience filled with the values of care and respect for Nature and people.



In line with those principles we have created a special 2 week sustainability program for highschool or university students, who want a unique learning experience at this "beacon" of sustainability in Ecuador.





info@riomuchacho.com





# THE PROGRAM

Rio Muchacho Organic Farm Park & Ecolodge is a National Geographic endorsed farm that is dedicated to sustainable agriculture, environmental education and alternative tourism.

The farm is <u>20 minutes by car from the beach town of Canoa,</u> <u>in Manabi</u>. The food is deliciously healthy and the climate mild.

This experience is perfect for those who want to discover a new way of living, based on permaculture and the reconciliation between human habitats and Nature.





Contact us for more information & reservations



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# **HOW DOES THE PROGRAM WORK?**

We have put together a creative 2 week program in Rio Muchacho with an optional 1 week add-on in the Amazon, Galapagos, or the Andes.

The program looks at the sustainability models developed at the farm but that are applicable in a global context; Circular economy, waste management, permaculture, agroecology, alternative energy, composting, bamboo construction, local ecosystems, traditional agriculture and how human habitats can be designed to increase the

diversity and productivity of ecosystems. The program includes some fun and adventure activities as well...chocolate making is a must while at the farm!

#### Activities for your free time

- Swim in the river
- Hike to the lookout point
- -Use the sustainability library
- -Walk on the trails and enjoy the hammocks
- Bird watching



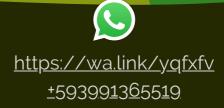
Play mini football at the farm or go to the larger community football fieldDo yoga.

Do yoga.





Contact us for more information & reservations





## Two week program at

## **Rio Muchacho**

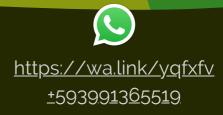


Activities are morning and afternoon with some beach visits and free time for you to enjoy the amazing tropical environment. 08h30 - 12h00 Sustainability activities 12h00-13h00 Lunch break 13h30 -16h30 Sustainability activities 18h00 Dinner

Week 1								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast			
Morning	Welcome, Orientation, Introductory video	The local ecosystems and Reforestation on the farm. Lookout walk	Waste management on the farm. The situation in Ecuador. Plastic bricks	Alternative energy, biogas, bicycle pump, rocket stove. Chocolate making!	Farm to table meal, prepared in banana leaves to take on hike.	Beach day, Lunch at the beach	Trip to Isla Corazon	
	Lunch	Lunch	Lunch	Lunch	Lunch			
Afternoon	Begin farm tour, garden and compost area	What is Permaculture ? Visit to food forests	Free time	Composting practical	Hike to waterfall and monkey forest	Beach	Swim in Ocean on return to farm	



Contact us for more information & reservations







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	Week 2								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast				
Morning	Worm farming practical session, feeding, harvesting	Hike to giant tree ring making with palm seed	Bird watching		Building with bamboo. Learn the basics and build a small structure.	Visit local farm, traditional agriculture	Departure		
	Lunch	Lunch	Lunch	Beach day	Lunch		Dopartaro		
Afternoon	Compost toilets, how they work. Use of Micro organisms	Free time crops, yuca,	plantain. Make a		Complete the self guided tour Clay face mask	Free afternoon and Packing time Campfire			



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# **ENJOY OUR ROOMS**

in the middle of the transition forest

## **TRADITIONAL ECOFRIENDLY CABINS**



Our cabins are creatively built with locally sourced materials.

Enjoy the many sounds of nature, abundant bird life, and the gentle meandering of the river at night. Great fun fact: There are virtually no mosquitos!



Contact us for more information & reservations



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# Rio Muchacho FAQ's

You can see the complete FAQ on our website

## **PRECAUTIONS DURING COVID**

For everyone's safety we are applying the biosecurity protocols related to the COVID-19 pandemic that were established by the government of Ecuador. For the latest update on the covid situation visit: https://www.coronavirusecuador.com

#### Map of the farm

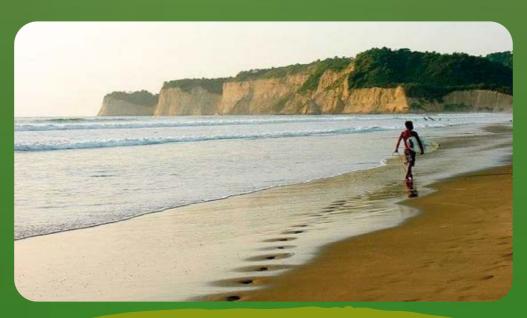






#### Optional activities while at the beach:

- Surf classes
- Body board and surf board hire
- Bike hire
- Paragliding
- Paddle board
- . Excellent international and seafood restaurants.
- Inexpensive hair braiding
- . Observe local fishermen and their catch



Contact us for more information & reservations



https://wa.link/yqfxfv ±593991365519







#### Rio Muchacho Special Sustainability Program

Contact us for available dates

#### Sunday 28 November

Prices				
Program	Rio Muchacho 2 week special sustainability program			
Price per person	\$800			
	*All prices are in US dollars Minimum group size 8			

#### **Price includes:**

- 3 meals/day and drinking water
- Accommodation in Rio Muchacho
- . All sustainability activities
- Travel to and from Canoa on beach days

Excursion to Isla Corazon (mangrove island and bird colony)

#### Price doesn't include:

- Transport to and from project (beginning and end of program)
- . Lunch on beach days; participants may choose where they would like to eat.
- Any off-farm expenses
- Travel insurance

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# **Our Vision**

In Rio Muchacho we are passionate about agriculture, education and tourism for a better planet, and we live and share this passion. Visitors learn from the moment they set foot on the farm.

We believe in a strong connection with our food, and we work with recovering biodiversity, carbon sequestration, enrichment and regeneration of soil life to produce abundant crops, which are transformed into delicous healthy food. We then recycle everything through alternative, circular and spiralling economies. Our efforts have returned the wildlife and created a more balanced environment where benefits are felt in the local and wider community. We started the farm in 1990 on barron, dry land. Now it has been transformed into an Organic Farm Park- a recreational learning space for all ages.

For some years we have been working with Ayni, a German based Ethical Tourism Organisation.

(Ayni is a Quechua word meaning the Andean law of reciprocity). We share the same values of assiting communities in creating positive pathways towards sustainable prosperity through ecotourism and agriculture.

This is an opportunity to contribute to this important model. Your visit helps make this initiative sustainable and supports the continuation of eductional projects for the local and wider community,



Nicola, Darío and the team of Río Muchacho Organic Farm & Eco Lodge





#### Video of the farm

To see the video click on the photo or on the play icon



"We wanted to visit a local family and try the local food, but we got so much more. Experiences like this help us evolve from visitors into like-minded people." -Nic Pilbrow, New Zealand

# We look forward to seeing you!

FAQ & Reservations ?

# Don't miss this great opportunity to learn about a new path to sustainability,



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Contact us :

